



Walk a Hound, Lose a Pound



**Get Fit, Lose Weight, and
Give County Shelter Dogs Exercise**

A 10 week program of dog walking for health and fitness

Kick-Off Party

September 30, 2011 ~ 6:00 -7:30 pm

at **Aiken Pet Fitness & Rehabilitation**

Dog and People Health Evaluations

Gift Bags, Refreshments

Dog walking equipment Demo

Orientation & Dog Walk

October 1, 2011 ~ 10:00 am

at the **Aiken County Animal Shelter**

Enjoy walking our shelter dogs
on quiet wooded trails

Awards Event

December 3, 2011 ~ 1:00 pm

at **Aiken Pet Fitness & Rehabilitation**

Celebration and awards



Combat obesity in people and dogs

Have fun with canine companions

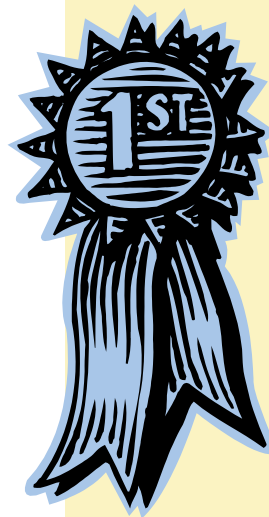
**Receive weekly health
and dog walking tips**

Track your progress for prizes

**Provide joy to dogs
that need exercise**



\$20 Donation to FOTAS
and **Aiken County Shelter dogs**



Prizes

Portrait Session
with Photographer
Heather Sargent

Massage
at My Aiken Body
Restorative Massage

Fitness Session
at Aiken Pet Fitness
& Rehabilitation

and More

Sponsored by

**Aiken Pet
Fitness & Rehabilitation**



www.petfitnessandrehab.com (803) 226-0012

Proceeds go to benefit **FOTAS** and the **Aiken County Animal Shelter Dogs**

Additional Sponsors

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PetSmart 🐾 POURfessionals 🐾 Tri County Home Health